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U. S. Department of Health, Education, and Welfare  
Public Health Service





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**Internal Health Regulations**

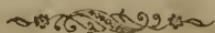
OF THE

*Town of Boston.*

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- ☞ Each Family, on receiving this Pamphlet, is requested to stitch it, and preserve it with care.

## *Internal Health Regulations.*



**IN BOARD OF HEALTH,**  
*BOSTON, APRIL 13, A. D. 1812.*

**O**RDERED, That the following RULES and REGULATIONS appear to this Board to be necessary, to remove and prevent NUISANCES and Sources of Filth, in the Town of *BOSTON*, and the same Rules and Regulations are hereby ordered by said Board of Health to have effect, within the limits of said Town of Boston, and have the force of Law, from and after Wednesday, the twenty-second of April, A. D. 1812.

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### **House Dirt, &c.**

**ARTICLE 1.** No person or persons shall be allowed to throw, or bring into any street, square, lane, or alley, any house dirt, filth, or sweepings of any kind, or any decayed vegetable, or dead animal substance, between the first day of May, and the first day of November, ensuing. But all such house dirt, filth, sweepings, or vegetable, or animal substance, shall be deposited in such vessels as will NOT contain liquids, and kept in some convenient

situation for the drivers of the Scavenger's carts to take away. And no person shall be allowed to cast any dead animals, vegetable substances, or sweepings of any vessel, into any of the docks, the mill-pond, or any other place between the channel and the shore ; nor to land the same, or any foul and infected ballast, or other substance, on any wharf, or landing place, within the town. And any dead animal thrown into the channel shall have a sufficient weight affixed to it, to prevent its floating to the shore.

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## Removal of Dirt, &c.

**ART. 2.** Whenever any quantity of dirt, saw-dust, soot, shavings, straw, animal or vegetable substance, or filth of any kind, shall be found in any cellar, yard, or other premises, or be thrown into any street, square, lane, or alley ; the owner, or occupier of such cellar, yard, or other premises, where found ; or the owner, or occupier of the premises from whence such dirt, saw-dust, &c. had been removed, shall cause the same to be carried away, at his, or her expense, within four hours after notification, in writing, from this Board.— And all carts, or waggons, employed in the carting earth, clay, sand, or dirt of any kind, shall have and use good and sufficient fore and hind boards, and otherways sufficiently tight to prevent the said earth, sand, clay, or dirt, from dropping in the streets through which they may pass.

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## Waste Water.

**ART. 3.** The owners, or occupiers of houses, buildings, or lands, shall cause all *waste water* from their premises to be conveyed from their cellars, yards, sinks, pumps, and vacant lands, through drains under ground to common sewers ;

or to such *reservoirs*, sunk under ground to receive the same, as a committee of this Board shall approve.

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## Vaults, Privies, &c.

ART. 4. The owners of vaults or privies, and the occupiers of the house or houses, store or stores, to which they belong, or are attached, shall not permit the contents of such vaults, or privies, to rise within two feet of the surface of the earth ; and if such contents are found within two feet of such surface, the owner or owners, occupier or occupiers, will be prosecuted without further previous notice. And no vault, or privy, shall be emptied between the first day of June, and the first day of November, without a permit from this Board, *and by persons authorized for that purpose.*

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## Stables, and Stable Manure.

ART. 5. The owners or occupiers of livery and other stables, shall not permit more than two cart loads of manure to accumulate and remain in or near their stables, at any one time, between the first day of May and the first day of November—and shall keep their stables and stable yards clean and decent.

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## Market Stalls.

ART. 6. Persons occupying stalls in Faneuil-Hall, Boylston or Parkman's market-houses, or the Market-place, and Dock-square, shall daily, in the morning, during the months of June, July, August, September, and October, wash or cleanse their respective stalls—They shall not permit any heads, feet, or offals of dead animals, or vegetables of any kind, to remain in or about their stalls, over night

—They shall take up, and remove the platforms of their respective stalls, on the first day of June, and shall not replace them until the first day of November ensuing; during which period, meats of any kind shall not be exposed in the markets, or any other place within the town, excepting in stalls, carts, or other vehicles, which shall be covered from the rays of the sun; nor expose for sale any mutton or lamb, with the feet on the same.

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## Damaged Grain, Rice, and Coffee.

**ART. 7.** No person shall be allowed to land on any wharf, or put on shore, from any boat or vessel, or bring into town by land, any damaged grain, rice, or coffee, between the 10th of May and 10th of November next, without a permit from this Board.

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## Swine and Goats.

**ART. 8.** Swine and goats shall not be kept within the limits of the town by any person, without a license from this Board, and such person giving bond to keep such swine or goats clean, and confined in situations which will not be offensive to the neighbourhood.

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## Fresh Fish.

**ART. 9.** *All Fish*, before brought into this town, shall have been first gutted, and the fish made clean. *Fresh Fish* (excepting such as are named in the succeeding article) shall not be offered for sale between the 1st day of May, and the 15th day of October, unless kept in covered stalls, fish boxes, or other houses, situated over the salt water:—And fresh fish offered for sale in the

streets before the 1st day of May, and after the 15th day of October, shall be kept clean in covered carts, barrows, &c.

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## Salmon and Small Fish.

ART. 10. Salmon, Shad, Bafs, Mackarel, Tautoug, Eels, Flounders, Tomcods, Smelts, and other small fish, may be sold at all times, in any part of the town, provided they be kept secure from the rays of the sun; but venders thereof will be held responsible for any nuisance created thereby.—Provided, however, that Salmon and Bafs, brought to town by sea, may be sold, and landed therein, when cleansed of their entrails; which entrails are to be kept on board, in tight vessels, and removed beyond low water mark at every time of high water—And that no person take a stand in or near the Faneuil Hall market, for the sale of such fish as are allowed by this article, but at the north side of said market-house, at the place provided by the Clerk of said market for that purpose.

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## Oysters and Lobsters.

ART. 11. Oysters shall not be offered for sale within the limits of the town, between the 5th day of July, and the 1st day of September. Lobsters shall not be exhibited for sale, in any place, excepting on the several Bridges, Wharves, Ferryways, and at the Boylston Market, and Parkman's Market, and Town Dock; and persons selling them there will be answerable for any nuisance occasioned thereby.

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## Feathers, Rags, &c.

ART. 12. Feathers, old or new, shall not be landed, or brought within the limits of the town,

between the 1<sup>st</sup> day of May and the 1<sup>st</sup> day of November, without a permit from this office, after a previous examination by the person authorized by this Board—And feather, and other beds, bedding, clothing, or rags, shall not be landed, or brought into this town from any place where any contagious disease doth, or hath recently prevailed, unless by special permission of this Board.

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These Regulations, in addition to those enumerated by the Act empowering the Town of Boston to choose a Board of Health, being essential to the preservation of the health of the Town, it is the determination of the Board of Health most rigidly to enforce their execution, and to prosecute all violaters—And, as heavy penalties are by law attached to the breach of any or either of them, the said Board request their Constituents to cause these Regulations to be made known to all persons under their direction, and read to their domestics; and also to assist the Board in their due execution.—Complaints of any breaches thereof, or any neglect or inattention, in any Person employed.

or licensed by the Board, are solicited; and those who complain may rely on all proper secrecy.

BENJAMIN WHITMAN,

*President.*

A true Copy of Record.

NATHANIEL GREENOUGH, *Secretary.*

Med. Hist.

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c. l.

